

								R.T.			FINA	
1.				2000				+0,76	8:36.25		828	
	50m:	29.72	29.72	250m:	2:40.30	32.82	450m:	4:51.88	32.75	650m:	7:02.63	32.73
	100m:	1:02.06	32.34	300m:	3:13.25	32.95	500m:	5:24.44	32.56	700m:	7:35.13	32.50
	150m:	1:34.63	32.57	350m:	3:46.18	32.93	550m:	5:57.12	32.68	750m:	8:06.97	31.84
	200m:	2:07.48	32.85	400m:	4:19.13	32.95	600m:	6:29.90	32.78	800m:	8:36.25	29.28
2.				1998				+0,77	8:36.54		826	
	50m:	29.74	29.74	250m:	2:40.23	32.81	450m:	4:51.76	32.83	650m:	7:02.81	32.76
	100m:	1:02.11	32.37	300m:	3:13.24	33.01	500m:	5:24.67	32.91	700m:	7:35.29	32.48
	150m:	1:34.78	32.67	350m:	3:46.18	32.94	550m:	5:57.38	32.71	750m:	8:06.91	31.62
	200m:	2:07.42	32.64	400m:	4:18.93	32.75	600m:	6:30.05	32.67	800m:	8:36.54	29.63
3.				1998				+0,72	8:43.51		794	
	50m:	29.96	29.96	250m:	2:40.57	33.10	450m:	4:52.66	33.13	650m:	7:05.41	33.12
	100m:	1:02.10	32.14	300m:	3:13.41	32.84	500m:	5:25.68	33.02	700m:	7:38.77	33.36
	150m:	1:34.60	32.50	350m:	3:46.51	33.10	550m:	5:58.94	33.26	750m:	8:11.30	32.53
	200m:	2:07.47	32.87	400m:	4:19.53	33.02	600m:	6:32.29	33.35	800m:	8:43.51	32.21
4.				2001				+0,80	8:51.20		760	
	50m:	30.08	30.08	250m:	2:41.53	33.12	450m:	4:55.08	33.59	650m:	7:11.09	34.08
	100m:	1:02.46	32.38	300m:	3:14.49	32.96	500m:	5:28.98	33.90	700m:	7:45.51	34.42
	150m:	1:35.50	33.04	350m:	3:48.04	33.55	550m:	6:02.85	33.87	750m:	8:19.28	33.77
	200m:	2:08.41	32.91	400m:	4:21.49	33.45	600m:	6:37.01	34.16	800m:	8:51.20	31.92
5.				2000				+0,78	8:52.93		752	
	50m:	30.69	30.69	250m:	2:44.99	34.02	450m:	4:59.79	33.58	650m:	7:15.23	34.17
	100m:	1:03.92	33.23	300m:	3:18.65	33.66	500m:	5:33.39	33.60	700m:	7:49.65	34.42
	150m:	1:37.37	33.45	350m:	3:52.45	33.80	550m:	6:07.15	33.76	750m:	8:22.52	32.87
	200m:	2:10.97	33.60	400m:	4:26.21	33.76	600m:	6:41.06	33.91	800m:	8:52.93	30.41
6.				2002				+0,71	8:59.17		726	
	50m:	30.04	30.04	250m:	2:43.07	33.63	450m:	4:59.97	34.56	650m:	7:17.90	34.67
	100m:	1:02.97	32.93	300m:	3:16.95	33.88	500m:	5:34.23	34.26	700m:	7:52.02	34.12
	150m:	1:36.25	33.28	350m:	3:51.38	34.43	550m:	6:09.01	34.78	750m:	8:26.42	34.40
	200m:	2:09.44	33.19	400m:	4:25.41	34.03	600m:	6:43.23	34.22	800m:	8:59.17	32.75
7.				2002				+0,75	9:01.67		716	
	50m:	30.11	30.11	250m:	2:45.08	33.91	450m:	5:02.34	34.50	650m:	7:21.07	34.65
	100m:	1:03.25	33.14	300m:	3:19.25	34.17	500m:	5:37.29	34.95	700m:	7:55.36	34.29
	150m:	1:37.39	34.14	350m:	3:53.49	34.24	550m:	6:11.69	34.40	750m:	8:29.35	33.99
	200m:	2:11.17	33.78	400m:	4:27.84	34.35	600m:	6:46.42	34.73	800m:	9:01.67	32.32
8.				2000				+0,75	9:05.91		700	
	50m:	31.33	31.33	250m:	2:47.28	34.49	450m:	5:05.70	34.67	650m:	7:25.02	34.90
	100m:	1:04.78	33.45	300m:	3:21.93	34.65	500m:	5:40.36	34.66	700m:	7:59.42	34.40
	150m:	1:38.50	33.72	350m:	3:56.51	34.58	550m:	6:15.37	35.01	750m:	8:34.31	34.89
	200m:	2:12.79	34.29	400m:	4:31.03	34.52	600m:	6:50.12	34.75	800m:	9:05.91	31.60
9.				1999				+0,76	9:08.87		689	
	50m:	29.77	29.77	250m:	2:42.82	33.75	450m:	5:01.12	35.04	650m:	7:23.23	35.42
	100m:	1:02.10	32.33	300m:	3:16.94	34.12	500m:	5:36.49	35.37	700m:	7:59.20	35.97
	150m:	1:35.44	33.34	350m:	3:51.59	34.65	550m:	6:12.25	35.76	750m:	8:35.10	35.90
	200m:	2:09.07	33.63	400m:	4:26.08	34.49	600m:	6:47.81	35.56	800m:	9:08.87	33.77



112, , 800m

								R.T.		FINA		
10.				1999				+0,70	9:10.12		684	
	50m:	30.87	30.87	250m:	2:47.01	34.01	450m:	5:06.21	34.99	650m:	7:27.06	35.13
	100m:	1:04.55	33.68	300m:	3:21.60	34.59	500m:	5:41.37	35.16	700m:	8:02.16	35.10
	150m:	1:38.80	34.25	350m:	3:56.52	34.92	550m:	6:16.49	35.12	750m:	8:37.06	34.90
	200m:	2:13.00	34.20	400m:	4:31.22	34.70	600m:	6:51.93	35.44	800m:	9:10.12	33.06
11.				2002				+0,75	9:11.18		680	
	50m:	30.90	30.90	250m:	2:47.85	34.72	450m:	5:07.33	35.33	650m:	7:28.27	35.11
	100m:	1:04.76	33.86	300m:	3:22.17	34.32	500m:	5:42.48	35.15	700m:	8:03.70	35.43
	150m:	1:38.77	34.01	350m:	3:57.08	34.91	550m:	6:18.02	35.54	750m:	8:38.63	34.93
	200m:	2:13.13	34.36	400m:	4:32.00	34.92	600m:	6:53.16	35.14	800m:	9:11.18	32.55
12.				2000				+0,81	9:13.84		670	
	50m:	31.58	31.58	250m:	2:50.00	34.55	450m:	5:09.44	34.85	650m:	7:29.68	34.85
	100m:	1:05.71	34.13	300m:	3:24.65	34.65	500m:	5:44.41	34.97	700m:	8:04.40	34.72
	150m:	1:40.58	34.87	350m:	3:59.67	35.02	550m:	6:19.63	35.22	750m:	8:39.60	35.20
	200m:	2:15.45	34.87	400m:	4:34.59	34.92	600m:	6:54.83	35.20	800m:	9:13.84	34.24
13.				1998				+0,85	9:16.10		662	
	50m:	32.09	32.09	250m:	2:49.79	34.51	450m:	5:09.89	35.19	650m:	7:30.90	35.32
	100m:	1:06.12	34.03	300m:	3:24.42	34.63	500m:	5:44.84	34.95	700m:	8:06.38	35.48
	150m:	1:40.78	34.66	350m:	3:59.64	35.22	550m:	6:20.24	35.40	750m:	8:41.37	34.99
	200m:	2:15.28	34.50	400m:	4:34.70	35.06	600m:	6:55.58	35.34	800m:	9:16.10	34.73
14.				1992				+0,87	9:16.50		661	
	50m:	31.81	31.81	250m:	2:50.63	35.08	450m:	5:11.23	35.30	650m:	7:32.90	35.35
	100m:	1:05.87	34.06	300m:	3:25.51	34.88	500m:	5:46.72	35.49	700m:	8:08.50	35.60
	150m:	1:40.63	34.76	350m:	4:00.76	35.25	550m:	6:22.25	35.53	750m:	8:43.54	35.04
	200m:	2:15.55	34.92	400m:	4:35.93	35.17	600m:	6:57.55	35.30	800m:	9:16.50	32.96
15.				2002				+0,76	9:16.72		660	
	50m:	32.05	32.05	250m:	2:50.34	34.82	450m:	5:10.77	35.22	650m:	7:32.46	35.50
	100m:	1:05.95	33.90	300m:	3:25.17	34.83	500m:	5:46.12	35.35	700m:	8:08.15	35.69
	150m:	1:40.57	34.62	350m:	4:00.32	35.15	550m:	6:21.27	35.15	750m:	8:43.16	35.01
	200m:	2:15.52	34.95	400m:	4:35.55	35.23	600m:	6:56.96	35.69	800m:	9:16.72	33.56
16.				1996				+0,84	9:16.96		659	
	50m:	31.77	31.77	250m:	2:51.10	35.17	450m:	5:12.88	35.41	650m:	7:33.93	35.22
	100m:	1:06.09	34.32	300m:	3:26.51	35.41	500m:	5:48.32	35.44	700m:	8:09.27	35.34
	150m:	1:40.80	34.71	350m:	4:01.87	35.36	550m:	6:23.50	35.18	750m:	8:43.82	34.55
	200m:	2:15.93	35.13	400m:	4:37.47	35.60	600m:	6:58.71	35.21	800m:	9:16.96	33.14
17.				2001				+0,82	9:17.76		656	
	50m:	30.87	30.87	250m:	2:48.06	34.67	450m:	5:09.31	35.50	650m:	7:33.39	35.90
	100m:	1:04.61	33.74	300m:	3:22.99	34.93	500m:	5:45.44	36.13	700m:	8:09.64	36.25
	150m:	1:38.70	34.09	350m:	3:58.06	35.07	550m:	6:21.41	35.97	750m:	8:44.48	34.84
	200m:	2:13.39	34.69	400m:	4:33.81	35.75	600m:	6:57.49	36.08	800m:	9:17.76	33.28
18.				1999		-		+0,88	9:18.07		655	
	50m:	30.88	30.88	250m:	2:49.50	34.99	450m:	5:11.44	35.76	650m:	7:34.59	35.57
	100m:	1:04.77	33.89	300m:	3:24.78	35.28	500m:	5:47.32	35.88	700m:	8:10.50	35.91
	150m:	1:39.57	34.80	350m:	4:00.00	35.22	550m:	6:23.22	35.90	750m:	8:45.67	35.17
	200m:	2:14.51	34.94	400m:	4:35.68	35.68	600m:	6:59.02	35.80	800m:	9:18.07	32.40
19.				1999				+0,77	9:21.46		643	
	50m:	30.54	30.54	250m:	2:49.19	35.20	450m:	5:11.52	35.56	650m:	7:36.47	36.39
	100m:	1:04.53	33.99	300m:	3:24.56	35.37	500m:	5:47.86	36.34	700m:	8:12.37	35.90
	150m:	1:39.22	34.69	350m:	4:00.06	35.50	550m:	6:23.55	35.69	750m:	8:47.39	35.02
	200m:	2:13.99	34.77	400m:	4:35.96	35.90	600m:	7:00.08	36.53	800m:	9:21.46	34.07



112, , 800m

								R.T.		FINA		
20.				2001				+0,88	9:22.12		641	
	50m:	31.88	31.88	250m:	2:52.39	35.29	450m:	5:15.25	35.57	650m:	7:38.10	36.01
	100m:	1:06.11	34.23	300m:	3:28.15	35.76	500m:	5:50.75	35.50	700m:	8:13.96	35.86
	150m:	1:41.53	35.42	350m:	4:03.83	35.68	550m:	6:26.38	35.63	750m:	8:48.31	34.35
	200m:	2:17.10	35.57	400m:	4:39.68	35.85	600m:	7:02.09	35.71	800m:	9:22.12	33.81
21.				2001				+0,77	9:24.77		632	
	50m:	32.04	32.04	250m:	2:52.38	35.33	450m:	5:14.52	35.86	650m:	7:38.12	36.14
	100m:	1:06.80	34.76	300m:	3:27.76	35.38	500m:	5:50.12	35.60	700m:	8:14.45	36.33
	150m:	1:41.87	35.07	350m:	4:03.32	35.56	550m:	6:26.08	35.96	750m:	8:50.18	35.73
	200m:	2:17.05	35.18	400m:	4:38.66	35.34	600m:	7:01.98	35.90	800m:	9:24.77	34.59
22.				2000				+0,76	9:26.92		625	
	50m:	31.73	31.73	250m:	2:51.90	35.63	450m:	5:15.48	36.24	650m:	7:40.31	36.47
	100m:	1:05.99	34.26	300m:	3:27.59	35.69	500m:	5:51.30	35.82	700m:	8:16.35	36.04
	150m:	1:41.02	35.03	350m:	4:03.20	35.61	550m:	6:27.56	36.26	750m:	8:52.25	35.90
	200m:	2:16.27	35.25	400m:	4:39.24	36.04	600m:	7:03.84	36.28	800m:	9:26.92	34.67
23.				2000				+0,89	9:30.15		614	
	50m:	31.95	31.95	250m:	2:51.86	35.68	450m:	5:17.08	36.53	650m:	7:43.13	36.24
	100m:	1:05.99	34.04	300m:	3:27.86	36.00	500m:	5:53.75	36.67	700m:	8:19.64	36.51
	150m:	1:40.88	34.89	350m:	4:04.13	36.27	550m:	6:30.40	36.65	750m:	8:55.98	36.34
	200m:	2:16.18	35.30	400m:	4:40.55	36.42	600m:	7:06.89	36.49	800m:	9:30.15	34.17
24.				2002				+0,96	9:31.37		610	
	50m:	32.53	32.53	250m:	2:53.42	35.30	450m:	5:18.50	36.19	650m:	7:44.60	36.22
	100m:	1:07.36	34.83	300m:	3:29.57	36.15	500m:	5:55.12	36.62	700m:	8:21.38	36.78
	150m:	1:42.39	35.03	350m:	4:05.42	35.85	550m:	6:31.37	36.25	750m:	8:57.03	35.65
	200m:	2:18.12	35.73	400m:	4:42.31	36.89	600m:	7:08.38	37.01	800m:	9:31.37	34.34
25.				1997				+0,69	9:32.99		605	
	50m:	33.01	33.01	250m:	2:53.36	35.30	450m:	5:17.57	36.41	650m:	7:44.22	36.74
	100m:	1:07.93	34.92	300m:	3:28.87	35.51	500m:	5:54.08	36.51	700m:	8:21.56	37.34
	150m:	1:42.90	34.97	350m:	4:04.73	35.86	550m:	6:30.48	36.40	750m:	8:58.05	36.49
	200m:	2:18.06	35.16	400m:	4:41.16	36.43	600m:	7:07.48	37.00	800m:	9:32.99	34.94
26.				2003				+0,91	9:34.57		600	
	50m:	32.08	32.08	250m:	2:55.21	36.11	450m:	5:20.43	36.25	650m:	7:46.05	36.53
	100m:	1:07.21	35.13	300m:	3:31.53	36.32	500m:	5:56.66	36.23	700m:	8:22.88	36.83
	150m:	1:43.28	36.07	350m:	4:07.69	36.16	550m:	6:32.87	36.21	750m:	8:59.18	36.30
	200m:	2:19.10	35.82	400m:	4:44.18	36.49	600m:	7:09.52	36.65	800m:	9:34.57	35.39
27.				1998				+0,88	9:38.08		589	
	50m:	32.93	32.93	250m:	2:57.80	36.69	450m:	5:24.86	36.38	650m:	7:51.71	36.67
	100m:	1:08.49	35.56	300m:	3:34.63	36.83	500m:	6:01.26	36.40	700m:	8:28.40	36.69
	150m:	1:44.65	36.16	350m:	4:11.58	36.95	550m:	6:37.99	36.73	750m:	9:04.98	36.58
	200m:	2:21.11	36.46	400m:	4:48.48	36.90	600m:	7:15.04	37.05	800m:	9:38.08	33.10
28.				2001				+0,76	9:40.59		582	
	50m:	31.86	31.86	250m:	2:56.56	36.44	450m:	5:22.92	36.64	650m:	7:52.00	37.27
	100m:	1:07.53	35.67	300m:	3:33.13	36.57	500m:	6:00.00	37.08	700m:	8:29.24	37.24
	150m:	1:43.75	36.22	350m:	4:09.59	36.46	550m:	6:37.21	37.21	750m:	9:05.51	36.27
	200m:	2:20.12	36.37	400m:	4:46.28	36.69	600m:	7:14.73	37.52	800m:	9:40.59	35.08