



114  
11.04.2017 - 18:08

, 400m

: FINA 2017

								R.T.		FINA		
<b>A</b>												
1.				1991	-			+0,78	<b>4:07.59</b>		871	
	50m:	28.72	28.72	150m:	1:30.43	31.04	250m:	2:32.71	31.07	350m:	3:36.26	31.87
	100m:	59.39	30.67	200m:	2:01.64	31.21	300m:	3:04.39	31.68	400m:	4:07.59	31.33
2.				1998				+0,77	<b>4:10.47</b>		841	
	50m:	29.28	29.28	150m:	1:33.50	32.23	250m:	2:37.06	31.68	350m:	3:39.53	31.22
	100m:	1:01.27	31.99	200m:	2:05.38	31.88	300m:	3:08.31	31.25	400m:	4:10.47	30.94
3.				1999				+0,67	<b>4:12.52</b>		821	
	50m:	29.65	29.65	150m:	1:33.27	31.81	250m:	2:37.78	32.29	350m:	3:41.91	31.94
	100m:	1:01.46	31.81	200m:	2:05.49	32.22	300m:	3:09.97	32.19	400m:	4:12.52	30.61
4.				1998				+0,76	<b>4:13.97</b>		807	
	50m:	29.79	29.79	150m:	1:33.82	32.41	250m:	2:38.74	32.08	350m:	3:43.66	32.25
	100m:	1:01.41	31.62	200m:	2:06.66	32.84	300m:	3:11.41	32.67	400m:	4:13.97	30.31
5.				2000				+0,78	<b>4:14.20</b>		804	
	50m:	29.84	29.84	150m:	1:33.41	32.01	250m:	2:37.99	32.38	350m:	3:43.05	32.46
	100m:	1:01.40	31.56	200m:	2:05.61	32.20	300m:	3:10.59	32.60	400m:	4:14.20	31.15
6.				1998				+0,67	<b>4:15.53</b>		792	
	50m:	28.65	28.65	150m:	1:31.88	31.82	250m:	2:36.85	32.72	350m:	3:43.55	33.35
	100m:	1:00.06	31.41	200m:	2:04.13	32.25	300m:	3:10.20	33.35	400m:	4:15.53	31.98
7.				1997	-	-		+0,73	<b>4:15.63</b>		791	
	50m:	28.50	28.50	150m:	1:32.21	32.12	250m:	2:37.68	32.80	350m:	3:43.92	32.88
	100m:	1:00.09	31.59	200m:	2:04.88	32.67	300m:	3:11.04	33.36	400m:	4:15.63	31.71
8.				1996				+0,81	<b>4:20.66</b>		746	
	50m:	29.94	29.94	150m:	1:34.67	32.72	250m:	2:41.33	33.74	350m:	3:48.32	33.74
	100m:	1:01.95	32.01	200m:	2:07.59	32.92	300m:	3:14.58	33.25	400m:	4:20.66	32.34
<b>B</b>												
9.				2001				+0,82	<b>4:20.57</b>		747	
	50m:	30.04	30.04	150m:	1:35.44	32.98	250m:	2:41.78	33.10	350m:	3:48.84	33.59
	100m:	1:02.46	32.42	200m:	2:08.68	33.24	300m:	3:15.25	33.47	400m:	4:20.57	31.73
10.				2002				+0,68	<b>4:22.81</b>		728	
	50m:	29.02	29.02	150m:	1:35.25	33.01	250m:	2:42.72	33.34	350m:	3:50.45	33.31
	100m:	1:02.24	33.22	200m:	2:09.38	34.13	300m:	3:17.14	34.42	400m:	4:22.81	32.36
11.				2000				+0,74	<b>4:23.40</b>		723	
	50m:	29.93	29.93	150m:	1:34.37	31.97	250m:	2:41.56	33.60	350m:	3:49.84	33.30
	100m:	1:02.40	32.47	200m:	2:07.96	33.59	300m:	3:16.54	34.98	400m:	4:23.40	33.56
12.				2000	-			+0,72	<b>4:23.98</b>		718	
	50m:	30.05	30.05	150m:	1:36.35	33.62	250m:	2:43.46	33.56	350m:	3:50.73	33.57
	100m:	1:02.73	32.68	200m:	2:09.90	33.55	300m:	3:17.16	33.70	400m:	4:23.98	33.25
13.				2002				+0,77	<b>4:25.07</b>		709	
	50m:	30.10	30.10	150m:	1:36.81	33.96	250m:	2:45.60	34.55	350m:	3:53.35	33.41
	100m:	1:02.85	32.75	200m:	2:11.05	34.24	300m:	3:19.94	34.34	400m:	4:25.07	31.72



	114,		, 400m						R.T.		FINA	
14.				2002	-				+0,76	<b>4:25.59</b>	705	
	50m:	30.57	30.57	150m:	1:36.97	33.17	250m:	2:45.01	34.05	350m:	3:53.38	33.88
	100m:	1:03.80	33.23	200m:	2:10.96	33.99	300m:	3:19.50	34.49	400m:	4:25.59	32.21
15.				2002					+0,77	<b>4:25.89</b>	703	
	50m:	30.16	30.16	150m:	1:36.61	33.65	250m:	2:45.04	34.30	350m:	3:53.11	33.87
	100m:	1:02.96	32.80	200m:	2:10.74	34.13	300m:	3:19.24	34.20	400m:	4:25.89	32.78
16.				2000					+0,75	<b>4:28.20</b>	685	
	50m:	30.40	30.40	150m:	1:37.05	33.97	250m:	2:45.82	34.31	350m:	3:55.03	34.51
	100m:	1:03.08	32.68	200m:	2:11.51	34.46	300m:	3:20.52	34.70	400m:	4:28.20	33.17