

36  
16.06.2017 - 12:48

, 400m

				4:06.30					(MEX)				11.07.2008
				4:08.81					(AZE)				24.06.2015
: FINA 2017													
				/					R.T.				FINA
1.				1995					+0,81	<b>4:21.42</b>			740
	50m:	30.55	30.55	150m:	1:37.49	33.28	250m:	2:43.88	32.83	350m:	3:49.43	32.49	
	100m:	1:04.21	33.66	200m:	2:11.05	33.56	300m:	3:16.94	33.06	400m:	4:21.42	31.99	
2.				2001					+0,85	<b>4:22.95</b>			727
	50m:	31.32	31.32	150m:	1:37.69	33.60	250m:	2:45.18	33.95	350m:	3:52.04	33.30	
	100m:	1:04.09	32.77	200m:	2:11.23	33.54	300m:	3:18.74	33.56	400m:	4:22.95	30.91	
3.				1986					+0,82	<b>4:26.07</b>			701
	50m:	31.10	31.10	150m:	1:37.47	33.28	250m:	2:45.85	34.49	350m:	3:53.31	33.71	
	100m:	1:04.19	33.09	200m:	2:11.36	33.89	300m:	3:19.60	33.75	400m:	4:26.07	32.76	
4.				1996					+0,77	<b>4:34.58</b>			638
	50m:	30.94	30.94	150m:	1:38.47	33.66	250m:	2:47.82	34.97	350m:	3:59.58	36.54	
	100m:	1:04.81	33.87	200m:	2:12.85	34.38	300m:	3:23.04	35.22	400m:	4:34.58	35.00	
5.				1999					+0,91	<b>4:36.97</b>			622
	50m:	31.36	31.36	150m:	1:40.13	34.80	250m:	2:50.52	35.35	350m:	4:02.59	36.28	
	100m:	1:05.33	33.97	200m:	2:15.17	35.04	300m:	3:26.31	35.79	400m:	4:36.97	34.38	
6.				2002					+0,85	<b>4:37.30</b>			620
	50m:	32.14	32.14	150m:	1:42.06	35.45	250m:	2:53.25	35.88	350m:	4:03.75	35.52	
	100m:	1:06.61	34.47	200m:	2:17.37	35.31	300m:	3:28.23	34.98	400m:	4:37.30	33.55	
7.				1999		-			+0,85	<b>4:41.18</b>			594
	50m:	32.22	32.22	150m:	1:42.61	35.45	250m:	2:54.25	35.68	350m:	4:06.66	36.07	
	100m:	1:07.16	34.94	200m:	2:18.57	35.96	300m:	3:30.59	36.34	400m:	4:41.18	34.52	
8.				1998					+0,83	<b>4:41.75</b>			591
	50m:	32.04	32.04	150m:	1:42.33	35.52	250m:	2:54.77	36.19	350m:	4:07.11	36.11	
	100m:	1:06.81	34.77	200m:	2:18.58	36.25	300m:	3:31.00	36.23	400m:	4:41.75	34.64	
9.				2002					+0,85	<b>4:41.84</b>			590
	50m:	32.03	32.03	150m:	1:43.69	36.57	250m:	2:56.26	36.52	350m:	4:08.26	35.89	
	100m:	1:07.12	35.09	200m:	2:19.74	36.05	300m:	3:32.37	36.11	400m:	4:41.84	33.58	
10.				2001					+0,85	<b>4:42.05</b>			589
	50m:	31.16	31.16	150m:	1:39.68	34.34	250m:	2:51.54	36.29	350m:	4:06.09	37.38	
	100m:	1:05.34	34.18	200m:	2:15.25	35.57	300m:	3:28.71	37.17	400m:	4:42.05	35.96	
11.				2002					+0,79	<b>4:42.95</b>			583
	50m:	30.57	30.57	150m:	1:40.67	35.80	250m:	2:53.81	36.69	350m:	4:07.71	36.99	
	100m:	1:04.87	34.30	200m:	2:17.12	36.45	300m:	3:30.72	36.91	400m:	4:42.95	35.24	
12.				2002			( )		+0,87	<b>4:46.55</b>			561
	50m:	33.24	33.24	150m:	1:46.25	37.01	250m:	3:00.22	37.24	350m:	4:12.70	36.16	
	100m:	1:09.24	36.00	200m:	2:22.98	36.73	300m:	3:36.54	36.32	400m:	4:46.55	33.85	
13.				2003					+0,77	<b>4:48.59</b>			550
	50m:	32.98	32.98	150m:	1:45.06	36.73	250m:	2:59.40	37.40	350m:	4:12.84	36.95	
	100m:	1:08.33	35.35	200m:	2:22.00	36.94	300m:	3:35.89	36.49	400m:	4:48.59	35.75	
14.				2000					+0,97	<b>4:49.33</b>			545
	50m:	33.38	33.38	150m:	1:46.16	36.89	250m:	3:00.04	37.12	350m:	4:14.78	37.64	
	100m:	1:09.27	35.89	200m:	2:22.92	36.76	300m:	3:37.14	37.10	400m:	4:49.33	34.55	
15.				2002					+0,70	<b>4:50.46</b>			539
	50m:	32.67	32.67	150m:	1:45.48	36.77	250m:	2:59.56	36.65	350m:	4:14.34	37.24	
	100m:	1:08.71	36.04	200m:	2:22.91	37.43	300m:	3:37.10	37.54	400m:	4:50.46	36.12	

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SWISS TIMING QUANTUM AQUATIC

		36, , 400m						R.T.		FINA		
16.			/	2002	I			+0,75	<b>4:52.57</b>	I	527	
	50m:	33.34	33.34	150m:	1:46.18	37.21	250m:	3:01.64	37.67	350m:	4:17.40	38.05
	100m:	1:08.97	35.63	200m:	2:23.97	37.79	300m:	3:39.35	37.71	400m:	4:52.57	35.17
17.				2004				+0,89	<b>4:54.23</b>	I	519	
	50m:	32.60	32.60	150m:	1:45.99	37.13	250m:	3:00.81	37.92	350m:	4:16.37	38.16
	100m:	1:08.86	36.26	200m:	2:22.89	36.90	300m:	3:38.21	37.40	400m:	4:54.23	37.86
18.				2001				+0,84	<b>4:55.21</b>	I	513	
	50m:	32.29	32.29	150m:	1:46.35	37.32	250m:	3:02.19	38.03	350m:	4:18.78	38.06
	100m:	1:09.03	36.74	200m:	2:24.16	37.81	300m:	3:40.72	38.53	400m:	4:55.21	36.43
19.				2003	I			+0,83	<b>4:55.53</b>	I	512	
	50m:	32.54	32.54	150m:	1:46.94	37.41	250m:	3:03.61	38.12	350m:	4:19.69	37.68
	100m:	1:09.53	36.99	200m:	2:25.49	38.55	300m:	3:42.01	38.40	400m:	4:55.53	35.84
20.				2004	I			+0,85	<b>4:58.34</b>	I	497	
	50m:	34.22	34.22	150m:	1:48.60	38.30	250m:	3:04.92	38.82	350m:	4:22.29	39.07
	100m:	1:10.30	36.08	200m:	2:26.10	37.50	300m:	3:43.22	38.30	400m:	4:58.34	36.05
21.				2002	I			+0,69	<b>5:04.46</b>		468	
	50m:	33.16	33.16	150m:	1:48.86	38.58	250m:	3:07.69	39.68	350m:	4:26.66	39.25
	100m:	1:10.28	37.12	200m:	2:28.01	39.15	300m:	3:47.41	39.72	400m:	5:04.46	37.80
DSQ				1994								