

19
03.08.2017 - 12:00

, 400m

(15-16)

4:13.14
4:14.65

(POL)

26.04.2009
14.07.2013

: FINA 2017

				/				R.T.				FINA	
1.				2002				-				4:29.12	743
	50m:	27.78	27.78	150m:	1:37.02	35.87	250m:	2:49.14	37.54	350m:	3:58.94	31.22	
	100m:	1:01.15	33.37	200m:	2:11.60	34.58	300m:	3:27.72	38.58	400m:	4:29.12	30.18	
2.				2001				-				4:32.16	719
	50m:	28.79	28.79	150m:	1:36.61	34.61	250m:	2:50.09	39.24	350m:	4:01.42	31.49	
	100m:	1:02.00	33.21	200m:	2:10.85	34.24	300m:	3:29.93	39.84	400m:	4:32.16	30.74	
3.				2001				-				4:33.40	709
	50m:	29.23	29.23	150m:	1:37.52	35.58	250m:	2:52.34	40.00	350m:	4:02.57	31.65	
	100m:	1:01.94	32.71	200m:	2:12.34	34.82	300m:	3:30.92	38.58	400m:	4:33.40	30.83	
4.				2001				-				4:34.77	698
	50m:	28.47	28.47	150m:	1:37.82	36.02	250m:	2:51.06	38.49	350m:	4:02.91	32.38	
	100m:	1:01.80	33.33	200m:	2:12.57	34.75	300m:	3:30.53	39.47	400m:	4:34.77	31.86	
5.				2001				-				4:42.43	643
	50m:	28.56	28.56	150m:	1:39.01	37.72	250m:	2:56.05	39.96	350m:	4:10.14	33.44	
	100m:	1:01.29	32.73	200m:	2:16.09	37.08	300m:	3:36.70	40.65	400m:	4:42.43	32.29	
6.				2001				-				4:42.91	640
	50m:	28.94	28.94	150m:	1:37.54	35.20	250m:	2:54.57	42.16	350m:	4:09.75	32.71	
	100m:	1:02.34	33.40	200m:	2:12.41	34.87	300m:	3:37.04	42.47	400m:	4:42.91	33.16	
7.				2001				-				4:45.83	620
	50m:	31.13	31.13	150m:	1:44.78	38.25	250m:	3:02.53	40.78	350m:	4:15.18	32.92	
	100m:	1:06.53	35.40	200m:	2:21.75	36.97	300m:	3:42.26	39.73	400m:	4:45.83	30.65	
8.				2001				-				4:46.05	619
	50m:	30.07	30.07	150m:	1:42.53	37.03	250m:	2:59.55	40.90	350m:	4:13.60	33.81	
	100m:	1:05.50	35.43	200m:	2:18.65	36.12	300m:	3:39.79	40.24	400m:	4:46.05	32.45	
9.				2001				-				4:46.29	617
	50m:	29.10	29.10	150m:	1:40.01	37.05	250m:	2:57.78	41.02	350m:	4:14.41	33.50	
	100m:	1:02.96	33.86	200m:	2:16.76	36.75	300m:	3:40.91	43.13	400m:	4:46.29	31.88	
10.				2001				-				4:48.28	605
	50m:	29.28	29.28	150m:	1:40.60	37.68	250m:	2:58.65	41.65	350m:	4:15.59	34.68	
	100m:	1:02.92	33.64	200m:	2:17.00	36.40	300m:	3:40.91	42.26	400m:	4:48.28	32.69	
11.				2001 I				-				4:49.91	595
	50m:	30.35	30.35	150m:	1:43.83	38.46	250m:	3:00.99	38.86	350m:	4:15.71	34.95	
	100m:	1:05.37	35.02	200m:	2:22.13	38.30	300m:	3:40.76	39.77	400m:	4:49.91	34.20	
12.				2001				-				4:51.92	582
	50m:	30.20	30.20	150m:	1:43.98	38.10	250m:	3:03.82	41.93	350m:	4:19.18	33.57	
	100m:	1:05.88	35.68	200m:	2:21.89	37.91	300m:	3:45.61	41.79	400m:	4:51.92	32.74	
13.				2001				-				4:53.95 I	570
	50m:	29.59	29.59	150m:	1:42.08	38.22	250m:	3:01.68	42.45	350m:	4:19.45	33.61	
	100m:	1:03.86	34.27	200m:	2:19.23	37.15	300m:	3:45.84	44.16	400m:	4:53.95	34.50	
14.				2001				-				4:58.16 I	546
	50m:	30.76	30.76	150m:	1:45.96	38.17	250m:	3:06.87	41.48	350m:	4:23.88	34.09	
	100m:	1:07.79	37.03	200m:	2:25.39	39.43	300m:	3:49.79	42.92	400m:	4:58.16	34.28	
15.				2002 I				-				5:04.20 I	515
	50m:	32.01	32.01	150m:	1:47.06	39.90	250m:	3:10.25	44.50	350m:	4:29.49	36.22	
	100m:	1:07.16	35.15	200m:	2:25.75	38.69	300m:	3:53.27	43.02	400m:	5:04.20	34.71	
16.				2001				-				5:06.97 I	501
	50m:	31.64	31.64	150m:	1:46.42	37.07	250m:	3:08.81	44.57	350m:	4:32.18	37.62	
	100m:	1:09.35	37.71	200m:	2:24.24	37.82	300m:	3:54.56	45.75	400m:	5:06.97	34.79	

III . - - , 02 - 04 2017

19, , 400m , (15-16)

DSQ / 2001 R.T. FINA