

35 , 400m (15-16 )  
04.08.2017 - 12:09

3:43.45 (CHN) 09.08.2008  
3:49.02 (GRE) 22.08.1991

: FINA 2017

				/						R.T.	FINA	
1.				2001						<b>4:01.98</b>	752	
	50m:	28.58	28.58	150m:	1:30.85	31.21	250m:	2:32.39	30.42	350m:	3:33.44	30.14
	100m:	59.64	31.06	200m:	2:01.97	31.12	300m:	3:03.30	30.91	400m:	4:01.98	28.54
2.				2001						<b>4:04.68</b>	727	
	50m:	28.63	28.63	150m:	1:30.40	31.13	250m:	2:32.60	30.91	350m:	3:34.08	30.45
	100m:	59.27	30.64	200m:	2:01.69	31.29	300m:	3:03.63	31.03	400m:	4:04.68	30.60
3.				2001						<b>4:07.73</b>	701	
	50m:	29.05	29.05	150m:	1:32.42	31.77	250m:	2:35.29	31.40	350m:	3:37.88	31.10
	100m:	1:00.65	31.60	200m:	2:03.89	31.47	300m:	3:06.78	31.49	400m:	4:07.73	29.85
4.				2002						<b>4:10.27</b>	679	
	50m:	28.91	28.91	150m:	1:32.67	31.70	250m:	2:36.16	31.55	400m:	4:10.27	1:02.04
	100m:	1:00.97	32.06	200m:	2:04.61	31.94	300m:	3:08.23	32.07			
5.				2002						<b>4:10.39</b>	678	
	50m:	29.07	29.07	150m:	1:32.22	31.29	250m:	2:35.94	31.70	350m:	3:40.30	32.07
	100m:	1:00.93	31.86	200m:	2:04.24	32.02	300m:	3:08.23	32.29	400m:	4:10.39	30.09
6.				2001						<b>4:10.89</b>	674	
	50m:	28.27	28.27	150m:	1:29.95	31.21	250m:	2:34.31	32.55	350m:	3:39.88	32.92
	100m:	58.74	30.47	200m:	2:01.76	31.81	300m:	3:06.96	32.65	400m:	4:10.89	31.01
7.				2001						<b>4:11.43</b>	670	
	50m:	29.60	29.60	150m:	1:33.34	32.15	250m:	2:37.66	31.92	350m:	3:41.37	31.45
	100m:	1:01.19	31.59	200m:	2:05.74	32.40	300m:	3:09.92	32.26	400m:	4:11.43	30.06
8.				2001						<b>4:11.52</b>	669	
	50m:	29.39	29.39	150m:	1:32.59	31.74	250m:	2:36.89	32.39	350m:	3:41.73	32.25
	100m:	1:00.85	31.46	200m:	2:04.50	31.91	300m:	3:09.48	32.59	400m:	4:11.52	29.79
9.				2001						<b>4:11.60</b>	669	
	50m:	29.01	29.01	150m:	1:30.85	30.98	250m:	2:34.56	31.79	350m:	3:39.32	32.42
	100m:	59.87	30.86	200m:	2:02.77	31.92	300m:	3:06.90	32.34	400m:	4:11.60	32.28
10.				2001						<b>4:12.41</b>	662	
	50m:	27.42	27.42	150m:	1:30.02	31.70	250m:	2:34.82	32.31	350m:	3:40.92	33.18
	100m:	58.32	30.90	200m:	2:02.51	32.49	300m:	3:07.74	32.92	400m:	4:12.41	31.49
11.				2001						<b>4:13.44</b>	654	
	50m:	29.88	29.88	150m:	1:34.14	32.16	250m:	2:38.02	31.91	350m:	3:43.21	32.22
	100m:	1:01.98	32.10	200m:	2:06.11	31.97	300m:	3:10.99	32.97	400m:	4:13.44	30.23
12.				2002						<b>4:14.33</b>	647	
	50m:	28.84	28.84	150m:	1:33.00	32.47	250m:	2:37.78	32.35	350m:	3:43.40	32.79
	100m:	1:00.53	31.69	200m:	2:05.43	32.43	300m:	3:10.61	32.83	400m:	4:14.33	30.93
13.				2001						<b>4:15.02</b>	642	
	50m:	28.43	28.43	150m:	1:31.75	32.41	250m:	2:38.02	33.14	350m:	3:44.43	33.02
	100m:	59.34	30.91	200m:	2:04.88	33.13	300m:	3:11.41	33.39	400m:	4:15.02	30.59
14.				2002						<b>4:15.26</b>	640	
	50m:	27.94	27.94	150m:	1:33.01	33.35	250m:	2:39.68	33.14	350m:	3:44.88	32.07
	100m:	59.66	31.72	200m:	2:06.54	33.53	300m:	3:12.81	33.13	400m:	4:15.26	30.38
15.				2001						<b>4:15.62</b>	638	
	50m:	29.10	29.10	150m:	1:33.53	32.43	250m:	2:38.63	32.71	350m:	3:43.81	32.31
	100m:	1:01.10	32.00	200m:	2:05.92	32.39	300m:	3:11.50	32.87	400m:	4:15.62	31.81
16.				2002						<b>4:16.49</b>	631	
	100m:	1:02.01	1:02.01	250m:	2:40.55	32.84	350m:	3:45.08	31.95			
	200m:	2:07.71	1:05.70	300m:	3:13.13	32.58	400m:	4:16.49	31.41			

III

- - , 02 - 04 2017

35, , 400m				(15-16 )						R.T.	FINA
17.				2002						<b>4:16.92</b>	628
	50m: 28.84	28.84	200m: 2:05.73	1:04.98	400m: 4:16.92	1:05.20					
	100m: 1:00.75	31.91	300m: 3:11.72	1:05.99							
18.			2001							<b>4:17.43</b>	624
	50m: 29.28	29.28	150m: 1:33.58	32.21	250m: 2:38.99	32.88	350m: 3:45.68	33.24			
	100m: 1:01.37	32.09	200m: 2:06.11	32.53	300m: 3:12.44	33.45	400m: 4:17.43	31.75			
19.			2001							<b>4:17.78</b>	622
	50m: 31.36	31.36	150m: 1:36.92	32.39	250m: 2:41.74	32.21	350m: 3:47.01	32.29			
	100m: 1:04.53	33.17	200m: 2:09.53	32.61	300m: 3:14.72	32.98	400m: 4:17.78	30.77			
20.			2001							<b>4:17.83</b>	621
	50m: 29.93	29.93	150m: 1:35.23	32.99	250m: 2:41.54	33.38	350m: 3:47.47	32.91			
	100m: 1:02.24	32.31	200m: 2:08.16	32.93	300m: 3:14.56	33.02	400m: 4:17.83	30.36			
21.			2001							<b>4:18.65</b>	615
	50m: 28.51	28.51	150m: 1:33.50	33.43	250m: 2:40.17	33.43	350m: 3:47.28	33.54			
	100m: 1:00.07	31.56	200m: 2:06.74	33.24	300m: 3:13.74	33.57	400m: 4:18.65	31.37			
22.			2001							<b>4:19.03</b>	613
	50m: 29.52	29.52	150m: 1:34.76	32.82	250m: 2:40.75	33.07	350m: 3:47.62	33.36			
	100m: 1:01.94	32.42	200m: 2:07.68	32.92	300m: 3:14.26	33.51	400m: 4:19.03	31.41			
23.			2001							<b>4:21.12</b>	598
	50m: 29.69	29.69	200m: 2:07.78	1:05.98	400m: 4:21.12	1:06.48					
	100m: 1:01.80	32.11	300m: 3:14.64	1:06.86							
24.			2002							<b>4:21.46</b>	596
	50m: 30.03	30.03	150m: 1:34.77	32.56	250m: 2:41.15	33.39	350m: 3:48.56	33.92			
	100m: 1:02.21	32.18	200m: 2:07.76	32.99	300m: 3:14.64	33.49	400m: 4:21.46	32.90			
25.			2002							<b>4:23.81</b>	580
	100m: 1:01.63	1:01.63	200m: 2:08.98	1:07.35	300m: 3:17.19	1:08.21	400m: 4:23.81	1:06.62			
26.			2001							<b>4:25.18</b>	571
	100m: 1:02.47	1:02.47	200m: 2:11.19	1:08.72	300m: 3:19.89	1:08.70	400m: 4:25.18	1:05.29			
27.			2001							<b>4:27.56</b>	556
	50m: 29.69	29.69	150m: 1:36.38	33.65	250m: 2:45.62	35.08	350m: 3:55.02	34.66			
	100m: 1:02.73	33.04	200m: 2:10.54	34.16	300m: 3:20.36	34.74	400m: 4:27.56	32.54			
28.			2001							<b>4:28.46</b>	550
	50m: 29.45	29.45	150m: 1:34.64	33.46	250m: 2:43.92	35.01	350m: 3:55.20	35.48			
	100m: 1:01.18	31.73	200m: 2:08.91	34.27	300m: 3:19.72	35.80	400m: 4:28.46	33.26			
29.			2002							<b>4:29.24</b>	546
	50m: 29.74	29.74	150m: 1:36.45	33.60	250m: 2:45.44	34.86	350m: 3:55.98	35.40			
	100m: 1:02.85	33.11	200m: 2:10.58	34.13	300m: 3:20.58	35.14	400m: 4:29.24	33.26			
30.			2001							<b>4:30.27</b>	539
	50m: 30.91	30.91	150m: 1:39.37	34.59	250m: 2:48.83	34.64	350m: 3:58.02	34.49			
	100m: 1:04.78	33.87	200m: 2:14.19	34.82	300m: 3:23.53	34.70	400m: 4:30.27	32.25			
31.			2002							<b>4:30.74</b>	537
	50m: 30.87	30.87	150m: 1:39.02	34.38	250m: 2:48.93	35.12	350m: 3:58.57	34.55			
	100m: 1:04.64	33.77	200m: 2:13.81	34.79	300m: 3:24.02	35.09	400m: 4:30.74	32.17			
32.			2002							<b>4:31.24</b>	534
	50m: 29.78	29.78	150m: 1:38.19	34.79	250m: 2:48.15	35.13	350m: 3:58.09	35.13			
	100m: 1:03.40	33.62	200m: 2:13.02	34.83	300m: 3:22.96	34.81	400m: 4:31.24	33.15			
33.			2001							<b>4:33.96</b>	518
	50m: 28.91	28.91	150m: 1:38.29	36.43	250m: 2:50.01	36.33	350m: 4:01.06	35.66			
	100m: 1:01.86	32.95	200m: 2:13.68	35.39	300m: 3:25.40	35.39	400m: 4:33.96	32.90			
34.			2001							<b>4:35.31</b>	510
	50m: 29.96	29.96	150m: 1:38.48	35.05	250m: 2:49.30	35.74	350m: 4:00.59	35.81			
	100m: 1:03.43	33.47	200m: 2:13.56	35.08	300m: 3:24.78	35.48	400m: 4:35.31	34.72			

III . - - , 02 - 04 2017

35, , 400m , (15-16 )

35.			/					R.T.	FINA		
	50m:	30.92	30.92	150m:	1:39.09	34.82	300m:	3:26.75	1:12.14	<b>4:36.48</b>	504
	100m:	1:04.27	33.35	200m:	2:14.61	35.52	400m:	4:36.48	1:09.73		